

**PENGEMBANGAN DIVERSIFIKASI PANGAN DI DAERAH ISTIMEWA
YOGYAKARTA DALAM RANGKA Mendukung KETAHANAN PANGAN**

*Development of Diversification of Food in Yogyakarta Special Region in Order to
Support Food Security*

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ABSTRACT

The purpose of this paper is to analyze the proportion of protein and energy contribution from rice and non rice (tubers) to the total consumption of energy and protein, and knowing the development of food in household diversification in DIY in order to support food security. The data used are secondary data. The results showed that the level of energy consumption is still below the standard of adequacy, the level of protein consumption for urban areas has surpassed the benchmark sufficiency while in rural areas has not been exceeded by the National Food and Nutrition Widyakarya VIII (2004). Grains (rice) contributed a great energy and protein than the tubers. The average energy contribution of 33.7% of rice, tubers by 1.53% from Nutrient Adequacy Score. The average contribution of protein from rice consumption at 30.42%, while root crops 0,005% of the Nutrient Adequacy Score. Food consumption patterns of households in Yogyakarta Special Region, although showing that consumption of whole grains (rice) is still high, has shown towards the diverse food consumption shown by the value of entropy index.

Keywords : food consumption, diversification, household expenditure